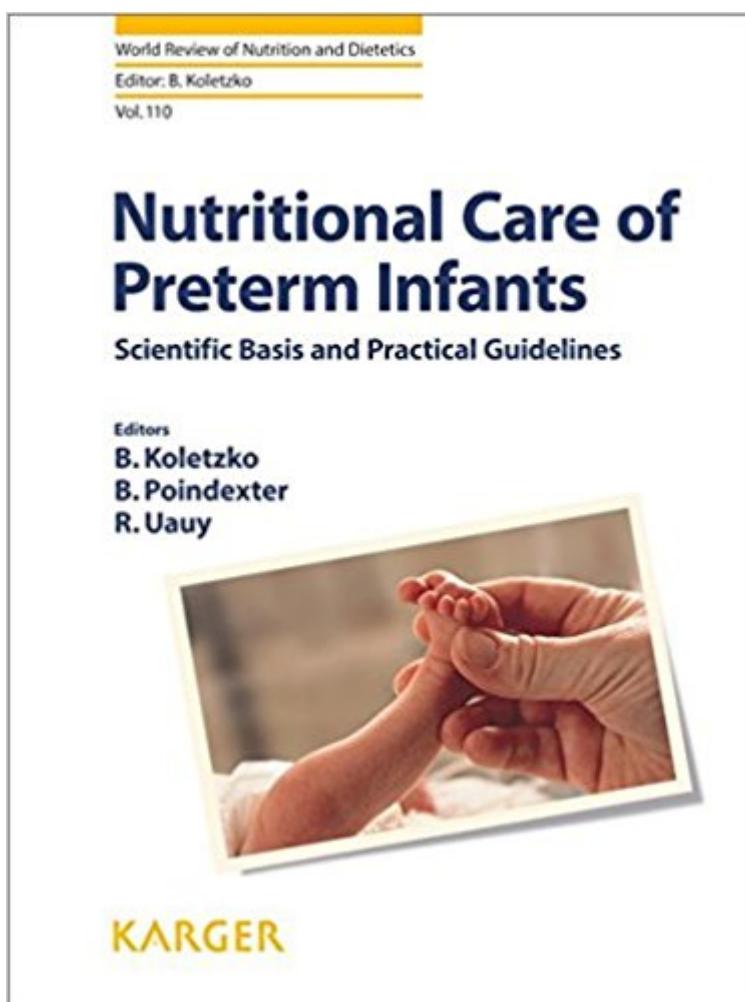


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# **Nutritional Care Of Preterm Infants: Scientific Basis And Practical Guidelines (World Review Of Nutrition And Dietetics, Vol. 110)**



## **Synopsis**

Improved conditions of care for premature infants have led to markedly increased survival rates over the last few decades, particularly in very low and extremely low birth weight infants. Nutritional measures play a central role in the long-term outcome, health and quality of life of these premature infants. In this publication, leading experts from all 5 continents present the most recent evidence and critical analyses of nutrient requirements and the practice of nutritional care (with the focus on very low birth weight infants) to provide guidance for clinical application. After the introductory chapters, covering nutritional needs and research evidence in a more general manner, topics such as amino acids and proteins, lipids, microminerals and vitamins, parenteral and enteral nutrition as well as approaches to various disease conditions are addressed. Due to its focus on critical appraisals and recommendations, this book is of interest not only for the researcher who wants to keep up to date, but also for the clinician faced with premature infants in his practice.

## **Book Information**

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In effect, this is the third edition of the Tsang, Uauy, Koletzko, Zlotkin series that became the "Bible" of neonatal nutrition updated with 2014 expert consensus recommendations. Since the last edition of Tsang was published in 2005, Dr Tsang has retired and Koletzko and Uauy have added Brenda

Poindexter to the editorial list. As Dr. S Rautava wrote in his Book Review published in *Acta Paediatrica* earlier this year (*Acta Paediatrica*. 2015;104:213-215): "The arrival of a very low birthweight (VLBW) preterm infant is a nutritional emergency, and there are great variations in the nutritional care that these fragile infants receive in different countries and neonatal units and even from individual neonatologists. An excellent new book on current state-of-the-art practices in nutritional care for preterm infants has been edited by Doctors Koletzko, Poindexter and Uauy, who are world authorities in the field. The book consists of 22 easy-to-read and comprehensive chapters, which cover most, if not all, aspects of preterm nutrition. The authors of the chapters represent an impressive array of international experts from North America, Europe, South America, Israel and South Africa."

very well written, organized and simple to read. Found it very usefull.

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